

lasio one day keratin treatment instructions

Lasio One Day Keratin Treatment Instructions are essential for anyone looking to achieve smooth, sleek, and frizz-free hair in a single day. This revolutionary treatment offers a convenient solution for those who desire straight, manageable hair without the long-term commitment of traditional keratin treatments. This article will guide you through the entire process, from preparation to aftercare, ensuring that you get the best results possible.

Preparation for the Treatment

Before you begin the Lasio One Day Keratin Treatment, it is crucial to prepare both your hair and the environment. Proper preparation enhances the effectiveness of the treatment and ensures a smoother application process.

Gather Necessary Tools and Products

To achieve the best results, you will need the following tools and products:

1. Lasio One Day Keratin Treatment Kit: This usually includes the treatment solution, a clarifying shampoo, and a conditioner.
2. Clarifying Shampoo: To cleanse your hair of any product buildup.
3. Wide-tooth Comb: For detangling your hair.
4. Hair Clips: To section your hair during application.
5. Gloves: To protect your hands while applying the treatment.
6. Blow Dryer: For drying your hair after application.
7. Flat Iron: To seal in the treatment.
8. Spray Bottle: Optional, for dampening your hair if needed.

Assess Your Hair Type

Understanding your hair type is vital for determining how the Lasio One Day Keratin Treatment will perform. Consider the following hair types:

- Straight Hair: Generally easier to treat and will respond well to the keratin.
- Wavy Hair: May require additional flat ironing to achieve desired smoothness.
- Curly Hair: Will benefit greatly from the treatment, making it more manageable.
- Coarse Hair: This treatment works well to soften and smooth the hair.

Consult a Professional (Optional)

While the Lasio One Day Keratin Treatment can be done at home, consulting a professional stylist may provide additional insight or assistance, especially for those with chemically treated or highly

textured hair.

Step-by-Step Application Process

Once you have prepared adequately, you can proceed with the application of the Lasio One Day Keratin Treatment. Follow these steps carefully:

Step 1: Wash Your Hair

1. **Apply Clarifying Shampoo:** Use a clarifying shampoo to remove any residues from hair products. This step is crucial as it opens up the hair cuticles, allowing the treatment to penetrate effectively.
2. **Rinse Thoroughly:** Make sure to rinse all the shampoo out of your hair.
3. **Do Not Condition:** Avoid using conditioner as it will create a barrier for the treatment.

Step 2: Towel Dry and Section Hair

1. **Towel Dry:** Gently towel dry your hair to remove excess moisture. Your hair should be damp but not dripping wet.
2. **Section Hair:** Divide your hair into four sections using hair clips. This will make the application process easier and more organized.

Step 3: Apply the Treatment

1. **Put on Gloves:** Protect your hands by wearing gloves.
2. **Shake the Treatment:** Shake the Lasio One Day Keratin Treatment bottle well before use.
3. **Apply Product:** Start applying the treatment from the back sections, working your way to the front. Use a brush or applicator for even coverage.
 - Focus on mid-lengths to ends, avoiding the scalp.
 - Use approximately 1 ounce of product per section.
4. **Comb Through:** After application, use a wide-tooth comb to distribute the treatment evenly.

Step 4: Blow Dry Your Hair

1. **Blow Dry:** Use a blow dryer on medium heat to dry your hair completely. This step helps to activate the treatment.
2. **Keep Hair Straight:** Use a round brush to smooth the hair as you dry, ensuring it remains as straight as possible during this process.

Step 5: Flat Iron Your Hair

1. Heat the Flat Iron: Set your flat iron to the appropriate temperature, usually between 450°F (232°C) and 450°F (232°C) depending on your hair type.
2. Section Hair Again: Re-section your hair for easier flat ironing.
3. Iron Each Section: Pass the flat iron over each section of hair 5 to 7 times. This step seals the treatment into the hair cuticles.

Step 6: Cool Down Period

1. Let Hair Cool: Allow your hair to cool down completely after flat ironing. This helps to lock in the treatment.
2. Do Not Wash Hair: Avoid washing your hair for at least 24 hours post-treatment to ensure the keratin has time to set.

Aftercare for Long-Lasting Results

To maintain the results of your Lasio One Day Keratin Treatment, follow these aftercare tips:

First Wash

1. Wait 72 Hours: Ideally, wait three days before washing your hair for the first time. This allows the treatment to bond fully.
2. Use Sulfate-Free Shampoo: When you do wash your hair, choose a sulfate-free shampoo to prevent stripping the keratin.

Daily Maintenance

1. Avoid Heat: Limit the use of heat styling tools to extend the life of your treatment.
2. Use a Leave-In Conditioner: This will keep your hair hydrated and manageable.
3. Protect Hair from Chlorine and Saltwater: If swimming, consider wearing a swim cap or applying a protective leave-in conditioner.
4. Avoid Tight Hairstyles: Refrain from tight ponytails or braids that might cause breakage.

Conclusion

The Lasio One Day Keratin Treatment offers an amazing solution for smooth, frizz-free hair in just one day. By following these detailed instructions carefully, you can achieve salon-quality results at home. Remember, preparation, application, and aftercare are all crucial components of the process. With proper care, your treatment can last up to several weeks, allowing you to enjoy beautiful hair

effortlessly. Whether you have straight, wavy, curly, or coarse hair, this treatment can transform your locks into a silky, manageable mane. Enjoy your new hair and the confidence that comes with it!

Frequently Asked Questions

What are the key steps in the Lasio One Day Keratin Treatment process?

The key steps include washing the hair with a clarifying shampoo, applying the keratin treatment evenly, allowing it to set, blow-drying the hair, and finally flat-ironing it to seal in the keratin.

How long does the Lasio One Day Keratin Treatment last?

The treatment typically lasts up to 4 to 6 weeks, depending on the hair type and maintenance routine.

Is it necessary to use a special shampoo after the treatment?

Yes, it is recommended to use sulfate-free shampoos and conditioners to maintain the treatment and prolong its effects.

Can I color my hair before or after the Lasio One Day Keratin Treatment?

It's best to color your hair before the treatment to achieve the desired color, as coloring after can affect the keratin's effectiveness.

How should I prepare my hair before applying the Lasio One Day Keratin Treatment?

You should wash your hair with a clarifying shampoo to remove any product buildup and ensure the hair is clean and free from oils.

Are there any precautions to take during the Lasio One Day Keratin Treatment application?

Yes, avoid contact with the scalp, and ensure proper ventilation in the area to minimize exposure to fumes from the treatment.

What should I do if I experience irritation during the treatment?

If you experience irritation, you should stop the application immediately, rinse the product out, and consult a healthcare professional if necessary.

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